## California Rural Quitline Use:

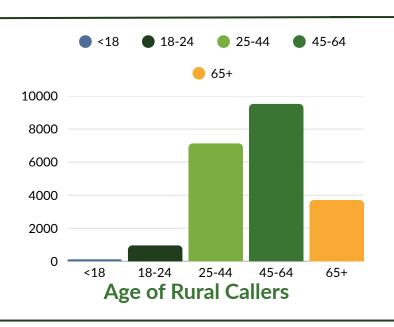
## Facts, Data and Demographics\*

\*2019-2024 Kick It California Quitline data from over 22,000 calls.

## Rural tobacco users accessed the guitline

5 2 % more than urban or suburban counties.







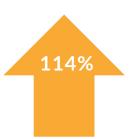
**60%** of rural callers had a mental health condition



**51%** of rural callers report having a chronic health condition

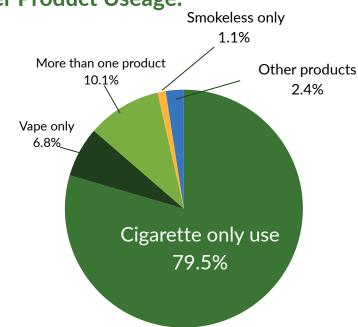


**75%** of rural callers are Medi-Cal recipients and **7%** have no health insurance



Increase in calls for smokeless tobacco product use from 2019 to 2024







1 in 10 callers report using more than one nicotine product



For more information on rural tobacco cessation, visit <a href="www.ca-rise.org">www.ca-rise.org</a> or <a href="https://kickitca.org/quit-smoking">https://kickitca.org/quit-smoking</a>